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Identity crisis, isolation, and extreme stress are often characteristics of new mothers. It doesn't have to be this way. Cherie Pasion proactively tackles these issues in It's Your Birth...Right and gives professional women a roadmap to emotionally prepare for a calm transition from their high-achieving role to being at home with a newborn.

The primary goal of this edition of Exploring Management is to help build core management competencies for today's global and more complex workplace, including issues related to planning, organizing, leading, and controlling (POLC) - with more hands-on type materials such as cases, exercises, and application. Schermerhorn uses a conversational and interactive writing style to master concepts in a bite-size and fundamental approach. This text presents managerial concepts and theory in a straight-forward, interesting style with a strong emphasis on application. The discussion of theory is framed in a unique, engaging, and concise way. The goal is to promote critical thinking and ability to make sound business decisions using managerial theory. Concepts are explored and reinforced by most hands-on applications, exercises, cases, and the integration of technology. The text also focuses on the most important aspects of the POLC model, emphasizing skill-building.

Completely updated and revised, this eleventh edition arms managers with the business tools they'll need to succeed. The text presents managerial concepts and theory related to the fundamentals of planning, leading, organising, and controlling with a strong emphasis on application. It offers new information on the changing nature of communication through technology. Focus is also placed on ethics to reflect the importance of this topic, especially with the current economic situation. This includes all new ethics boxes throughout the chapters. An updated discussion on the numerous legal law changes over the last few years is included as well. Managers will be able to think critically and make sound decisions using this text because the concepts are backed by many applications, exercises, and cases.

The book brings together a range of examination and assessment techniques which are otherwise only found in a variety of different places. It presents them in a way relevant to massage therapists. The book will be used by MT students to learn of the existence of these techniques and how and when to use them. More experienced MTs will use the book to enhance, update and extend their skills in what is a key area if appropriate therapy is to be given.

As space medicine evolved from the late 1950s onward, the need arose for a ready reference for students and practitioners on the basic concepts of this new specialty. Through three editions edited by leaders in the development of space medicine, this classic text has met the need. This fourth edition of Space Physiology and Medicine provides succinct, evidence-based summaries of the current knowledge base in space medicine and serves as a source of information on the space environment, responses, and practices. Additionally, there is extensive online material available for each chapter, featuring overviews and self-study questions.

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