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The Addiction Treatment Homework Planner, Fourth Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features:

- Revised homework assignments reflecting clients' stages of readiness and change

Finley Lenz Addiction Treatment

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Homework assignments and exercises are keyed to the behaviorally based presenting problems from The Addiction Treatment Planner, Fifth Edition Assignments are available online for quick customization Help clients suffering from chemical and nonchemical addictions develop the skills they need to work through problems.

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The SMART Recovery Toolbox provides a variety of methods, worksheets, and exercises to help you self-manage your addiction recovery and your life. This collection of sensible tools is based on developing cognitive thinking skills to support you through addiction recovery.

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SMART Recovery Toolbox - SMART Recovery

Organized” in the Addiction Treatment Homework Planner, 4th ed. by Finley and Lenz). 19. Assign homework asking the client to apply problem-solving skills to an everyday problem; review and provide corrective feedback toward improving the skill. 12. Learn and implement skills to reduce the disruptive influence of distractibility. (20, 21, 22)

The Addiction Treatment Planner, 4th Edition ...

Help clients suffering from chemical and nonchemical addictions develop the skills they need to work through problems. The Addiction Treatment Homework Planner, Fifth Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode.

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The list of therapeutic Homework Planners is also growing from the original Brief Therapy Homework for adults to Adolescent, Child, Couples, Group, Family, Addictions, Divorce, Grief, Employee Assistance, and School Counseling/School Social Work Homework Planners.

Adult Psychotherapy Homework Planner

The Addiction Treatment Planner, Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment

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interventions

Help clients suffering from chemical and nonchemical addictions develop the skills they need to work through problems. The Addiction Treatment Homework Planner, Fifth Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: 100 ready-to-copy exercises covering the most common issues encountered by clients suffering from chemical and nonchemical addictions, such as anxiety, impulsivity, childhood trauma, dependent traits, and occupational problems A quick-reference format—the interactive assignments are grouped by

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behavioral problems including alcoholism, nicotine dependence, and sleep disturbance as well as those problems that do not involve psychoactive substances, such as problem gambling, eating disorders, and sexual addictions Expert guidance on how and when to make the most efficient use of the exercises Assignments that are cross-referenced to *The Addiction Treatment Planner, Fifth Edition* so you can quickly identify the right exercise for a given situation or problem All exercises are available online for you to download and customize to suit you and your clients' unique styles and needs

Help clients suffering from chemical and nonchemical addictions develop the skills they need to work through problems *The Addiction Treatment Homework Planner, Second Edition* arms you with an array of ready-to-use, between-session assignments

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designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: 78 copier-ready exercises covering the most common issues encountered by clients suffering from chemical and nonchemical addictions A quick-reference format—the interactive assignments are grouped by behavioral problem, such as gambling, alcoholism, nicotine dependence, substance abuse, and many others Expert guidance on how to make the most efficient use of the exercises Assignments that are cross-referenced to The Addiction Treatment Planner, Second Edition—so you can quickly identify the right exercise for a given situation or behavioral problem A CD-ROM that contains all the exercises in a word-processing format—allowing you to customize them to suit you and your clients' unique styles and needs

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This timesaving resource features: Treatment plan components for 44 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions-plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that conform to the latest ASAM requirements and meet the requirements of most accrediting bodies, insurance companies, and third-party payors Includes new Evidence-Based Practice Interventions as required by many public funding sources and private insurers The Addiction Treatment Planner, Fourth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions New treatment planning language

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based on the mandates of the American Society of Addiction Medicine (ASAM) Organized around 44 main presenting problems, including Adhd, borderline traits, eating disorders, gambling, impulsivity, psychosis, social anxiety, and substance abuse Over 1,000 prewritten treatment goals, objectives, and interventions-plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Addiction Progress Notes Planner, Third Edition and Addiction Treatment Homework Planner, Fourth Edition Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including CARF, The Joint Commission (TJC), COA, and the NCQA) Additional resources in the PracticePlanners series: Progress Notes Planners contain complete,

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prewritten progress notes for each presenting problem in the companion Treatment Planners. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions.

Practice Planners: The Bestselling treatment planning system for mental health professionals Help clients suffering from chemical and nonchemical addictions develop the skills they need to work through problems. The Addiction Treatment Homework Planner, Fourth Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: Revised homework assignments reflecting clients' stages of readiness and change New appendices to help you select exercises based on American Society

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of Addiction Medicine (ASAM) criteria 88 ready-to-copy exercises covering the most common issues encountered by clients suffering from chemical and nonchemical addictions, such as anxiety, impulsivity, childhood trauma, dependent traits, and occupational problems A quick-reference format-the interactive assignments are grouped by behavioral problems including alcoholism, nicotine dependence, and substance abuse, as well as those problems that do not involve psychoactive substances, such as problem gambling, eating disorders, and sexual addictions Expert guidance on how and when to make the most efficient use of the exercises Assignments that are cross-referenced to The Addiction Treatment Planner, Fourth Edition so you can quickly identify the right exercise for a given situation or problem A CD-ROM that contains all the exercises in Microsoft Word format-allowing you to customize

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them to suit you and your clients' unique styles and needs Note: CD-ROM/DVD and other supplementary materials are not included as part of eBook file.

The bestselling treatment planning system for mental health professionals The Addiction Treatment Planner, Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions Organized around 43 behaviorally based presenting problems, including substance use, eating disorders, schizoid traits, and others Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own

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treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

This valuable professional resource makes it easier than ever for professionals who treat chemically dependent patients to write polished, effective treatment plans that satisfy all the demands of HMOs, managed care companies, third-party payers, and state and federal review agencies. This comprehensive planner provides problem definitions, treatment goals, objectives, interventions, and

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DSM-IV diagnoses for 29 substance-abuse related problems.

Save hours of time-consuming paperwork The Addiction Progress Notes Planner, Fifth Edition provides prewritten session and patient presentation descriptions for each behavioral problem in the Addiction Treatment Planner, Fifth Edition. The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation. Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized progress notes Organized around 44 behaviorally based presenting problems including depression, gambling, nicotine abuse/dependence, chronic pain, and eating disorders Features over 1,000 prewritten progress notes summarizing patient presentation, themes of session, and treatment delivered Provides an array of

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treatment approaches that correspond with the behavioral problems and DSM-5 diagnostic categories in The Addiction Treatment Planner, Fifth Edition Offers sample progress notes that conform to the latest ASAM guidelines and meet the requirements of most third-party payors and accrediting agencies, including CARF, TJC, COA, and the NCQA Incorporates new progress notes language consistent with Evidence-Based Treatment Interventions